



Good Reasons

Can help in over 90 % of all pains.

Effective without medication or surgery.

Treatment is natural and at the source of the cause.

Can even be effective in cases of herniated discs and osteoarthritis.

Even “incurable” pains can be treated successfully.

Instructions to Self-Care: after your treatments you will receive an individual program to do at home.

Background

The Liebscher & Bracht Pain Therapy is a new and independent treatment method to deal with pain. It is based on 25 years of research and development by Dr. Petra Brach and Roland Liebscher-Bracht.

LNB found out that over 90% of all pains in the movement apparatus are triggered in the brain because of imbalances in the muscle-fascia tissue. To protect the body from Osteoarthritis, herniated discs and other damages the body creates an “alarm” pain. The LNB therapy works with its own developed Osteopressure and Fascia stretches to release the pain mechanism in a lasting way.

Become Pain Free

1 Medical History

Detailed investigation of Your complaints

2 Osteopressure

By applying pressure on Certain Bone Receptors The alarm pain is Cancelled out.

3 Stretching

You will learn your own specific Fascia stretching exercises und you will perform them regularly

1./2.Step

During the first 2 steps your Therapist can significantly release or cancel your pains.

3. Step

To Keep Yourself Pain Free you as a patient will perform your Fascia stretches regularly.

Treatment Process

Duration: The 1. Treatment will show if you belong to the 90% of pain patients that, based on our experience, can be treated successfully with the LNB pain therapy, without needing surgery or pain medication.

On an average a complete therapy includes 3 sessions. The regular performance of the Facia stretches is the groundwork for you to stay Pain Free.

The individual sessions are between 45-60 minutes. During this time the therapist will understand your picture and can then design your personal Osteopressure treatment. She will also make sure that you are able to perform your Fascia stretches on your own.



Find Out More

www.Liebscher-Bracht.com



Book your 1. Session to a Pain Free Life

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WITHOUT SURGERY



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